

**Regional Geriatric Programs of Ontario
is listening to caregivers!**



Focus Group for Caregivers

Are you caring for a family member or friend who is a senior (65 or older) with difficulties in one or more of the following areas?

- Walking
- Remembering
- Managing medications
- Managing meals
- Staying socially active

...We think your caregiving story is valuable!

Wednesday February 27, 2019 11:00am – 2:30pm

St. George Banquet Hall, 665 King Street North. Waterloo, ON
Register online, by phone or e-mail by February 25, 2019

- **FREE** Lunch will be provided

Come share your insight and expertise, and help build educational resources for caregivers across Ontario.

Financial support for transportation to the workshop and/or respite care may be requested. Please contact us for more information.

Register Online:

<https://waterloo-caregiver.eventbrite.ca>

Contact: sbacque@rgpo.ca or cnash@rgpo.ca

705-761-4078

Website: rgps.on.ca