

**Regional Geriatric Programs of Ontario is
listening to caregivers!**



Workshop for Caregivers

Are you caring for a family member or friend who is a senior (65 or older) with difficulties in one or more of the following areas?

- Walking
- Remembering
- Managing medications
- Managing meals
- Staying socially active

...We think your caregiving story is valuable!

Tuesday November 6, 2018

11:00am – 2:00pm

Location: Odas Park, 4500 Fairgrounds Road
(Orillia Fairgrounds 5 minutes west of Orillia at Highway 12
and Fairgrounds Road)

Email or call to reserve your space by Monday November 5
Light lunch will be provided

Come to the workshop to share your insight and expertise, and help build educational resources for caregivers across Ontario.

Need help getting to the event? Need help caring for your family member or friend while you are attending? That's okay! Simply contact us and we may be able to help.

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